



1ST STEP CLINIC

Salem (Main Office)

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Dear Patient:

Thank you for selecting 1st Step Clinic. This packet is the **1st Step** towards obtaining your medical marijuana card in Oregon. The enclosed forms are designed to gather information about you and your medical condition so our doctor and staff can efficiently and compassionately guide you through the clinic process.

PLEASE COMPLETE THE FOLLOWING FORMS:

- **Medical History Questionnaire:** Please be as specific as possible, providing as much information as you can. It is crucial that the Primary Illness you list coincide with the medical records you are providing for our Doctor's review. **Please do no list any conditions in this space that have not been diagnosed and treated by your physician.**
- **Medications, Drugs, and Treatments:** Please be as specific as possible.
- **Medical Release Form:** If you have not collected your medical records, or are having difficulty doing so, fill this form out. Be sure to provide the name of your doctor, as well as the facility where they practice medicine. Initial, sign and date the bottom and submit it to your doctor. **If you already have your medical records, you may disregard this form and simply send or fax us your records.**

When you are finished, please return these forms, your medical records, and \$50.00 review fee (Check or Money Order must be made out to Nature Quest, which is non-refundable) as soon as possible. Your \$50.00 review fee will be applied towards your full 1st Step Clinic Fee (listed below).

1st Step Clinics Fee Schedule

Record Review/Appointment Fee (Non-Refundable)	\$ 50.00 (applied towards clinic fee)
New First Step Clinic Patient	\$175.00
Veterans, Low Income and Returning 1 st Step Clinic Patient	\$150.00
Certified Mailing	\$ 10.00
Physical Intake	\$125.00
Physical Intake Appointment fee (Non-Refundable)	\$ 50.00 (applied towards physical intake fee)

OMMP Fee Schedule

	<u>Own Grower</u>	<u>Grower other than Patient</u>
Standard Application Fee	\$200.00	\$250.00
Food Stamp Discount (SNAP)	\$ 60.00	\$110.00
OHP	\$ 50.00	\$100.00
SSI (with proof)	\$ 20.00	\$ 70.00

Upon receipt of this information, your records will be reviewed and you will be contacted to schedule your appointment. If we feel your records are insufficient, you may be asked to submit additional documentation before you are scheduled. **This review process may take up to three weeks after we receive all your records.** Please be patient, as this is a delicate process that cannot be rushed.



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PLEASE READ

IT IS YOUR RESPONSIBILITY TO UNDERSTAND AND ACCEPT OUR DOCTOR'S REQUIREMENTS AS WELL AS 1ST STEP CLINICS POLICIES BEFORE ATTENDING YOUR APPOINTMENT.

Please understand that our doctor must follow the rules and regulations set by the Oregon Medical Marijuana Program when signing for a patient's medical marijuana card. In order to qualify for the Oregon Medical Marijuana Program you must be diagnosed with one of the following conditions:

- CANCER
- GLAUCOMA
- HIV/AIDS
- AGITATION SECONDARY TO ALZHEIMER'S
- CACHEXIA
- SEVERE PAIN
- SEVERE NAUSEA
- SEIZURES
- MUSCLE SPASMS
- PTSD

Our clinic's criterion for acceptable medical history is in accordance with state regulations:

- **Records must be recent i.e. within the past 18 months and to have seen a doctor in the past 12 months.** Records can be accepted from *an M.D., D. O., Nurse Practitioner (N.P.), or Physicians Assistant (P.A.).*
- **You must have current medical records within the past 12 months documenting your qualifying condition.**

At your appointment, you will receive an information packet which describes the function of the Oregon Medical Marijuana Program, a full explanation of the Oregon Medical Marijuana Act and all laws surrounding it, as well as instructions on what to do once you have been approved by our 1st Step Clinic Doctor. In the meantime, if you have any questions surrounding the OMMP application process you may visit the Oregon Medical Marijuana Program website at www.healthoregon.org/mm or reach their office by phone: **(971) 673-1234**.

Thank you for taking the time to read this information. If you still have any questions, please feel free to give us a call. We will be more than happy to assist you in any way we can.

Very Truly Yours,

1st Step Clinic Staff